

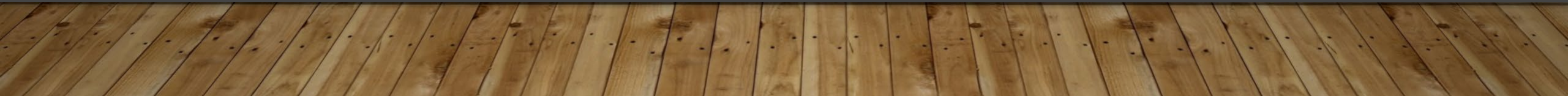
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# 1115 SUBSTANCE USE DISORDER (SUD) SERVICES

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JOAN HOULIHAN

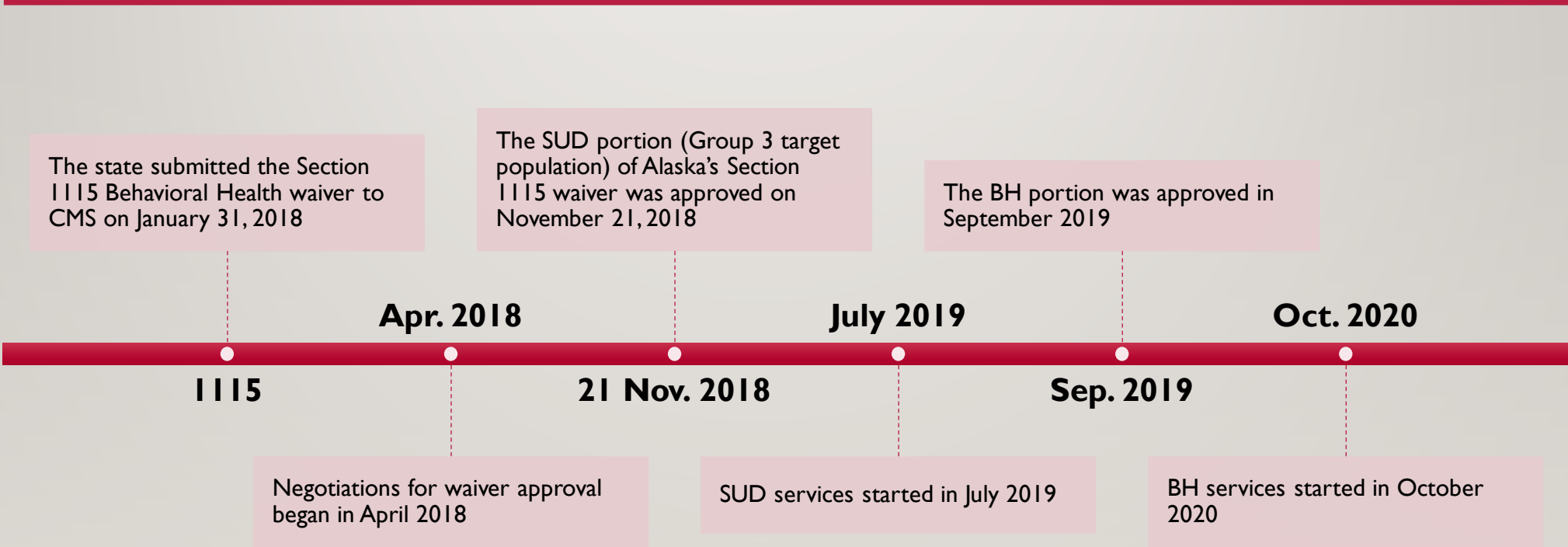
DHSS, DIVISION OF BEHAVIORAL HEALTH



# WHAT IS 1115 WAIVER

- Waivers provide states
  - An avenue to **test new approaches** in Medicaid that differ from what is required by federal statute
  - Flexibility in how they operate programs, beyond what is available under current law
- Waivers must be budget neutral to the federal government – costs must not exceed federal costs without the waiver

# TIMELINE



# 1115 TARGET POPULATIONS

This demonstration project focuses on establishing an enhanced set of benefits for three target populations of Medicaid recipients:

- Group 1- Children, adolescents, and their parents or caretakers with – or at risk of – mental health and/or substance-use disorders.
- Group 2 - Individuals with acute mental health needs.
- Group 3 - Individuals with substance-use disorders.

# 1115 DEMONSTRATION WAIVER GOALS

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- **Main Goals**

- Improve the effectiveness, efficiency, and integration of the state's behavioral health system.
- Reduce operational barriers and reduce administrative burdens of the existing system for the state and providers.
- Expand capacity for community-based treatment and community supports
- Support early intervention and early access to treatment and support services
- Waive the IMD Exclusion rule

## DHSS Substance Use Disorder Continuum of Care INDIVIDUALS 12 YEARS AND OLDER

Early Intervention & Engagement Services	Outpatient Services	Acute Intervention Services	Residential & Inpatient Services
	Screening & Assessment		ASAM 3.2 – WM Clinically Managed Residential Withdrawal Management
	Community Recovery Support Services		ASAM 3.7 – WM Medically Monitored Inpatient Withdrawal Management
	Intensive Case Management		ASAM 4 – WM Medically Managed Intensive Inpatient Withdrawal Mgmt.
	Opioid Treatment Services		ASAM 3.1 – Clinically Managed Low-Intensity Residential
	Substance Use Care Coordination		ASAM 3.3 – Clinically Managed, Population Specific, High-Intensity Res.
	ASAM 1 – WM & 2-WM Ambulatory Withdrawal Mgmt.	Mobile Outreach & Crisis Response	ASAM 3.5 – Clinically Managed Medium (Youth) & High (Adult) Intensity Res.
	Mobile Outreach & Crisis Response	Peer-Based Crisis Services	ASAM 3.7 – Medically Monitored Intensive Inpatient Services
	ASAM 2.1 - Intensive Outpatient Programs	23-Hour Crisis Observation & Stabilization	ASAM 4.0 – Medically Managed Intensive Inpatient Services
	ASAM 2.5 – Partial Hospitalization	Short-term Crisis Stabilization	
	Screening & Assessment		
	Medication Assisted Treatment		
	Targeted Case Management		Inpatient Psychiatric Hospitalization
	Individual, Group & Family Therapy		
	Pharmacological Management		
	Medication Administration		
	Psychological Testing		
Alcohol Safety Action Program	DBH Treatment & Recovery Grant-Funded Programs including: Psychiatric Emergency Services, Housing, Employment & Best Practice Models		

■ 1115 Waiver 
 ■ Medicaid state plan 
 ■ Grant-funded



# SUBSTANCE USE DISORDER (SUD) CONTINUUM OF CARE

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- Under the 1115 Demonstration Waiver
  - Established a step up – step down continuum of care for SUD levels of care
    - Including increase in Intensive Outpatient (IOP)
    - Increase in levels of SUD Residential
    - Expansion of Withdrawal Management

# ACCESS TO TREATMENT



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## Alaska Community Resources

### Substance misuse and addiction treatment

Are you finding it difficult to stop using alcohol, prescription medications or other substances? If you've thought about cutting down or stopping, here is a list of providers,  [Substance Use Disorder Treatment Providers](#) (updated 12/29/2020) or see the links under Treatment Bed Availability on the right hand menu.

Alaska providers who offer opioid misuse treatment:

- ›  [Medication Assisted Treatment Providers](#) Updated 10/30/2019
- ›  [Withdrawal Management and Detoxification Services](#) 02/06/2020
- › [Mental Health and Substance Use Disorder Treatment Facility Locator](#)

Resources for information on opioids (prescription pain medications, heroin and more) and treatment options:

- ›  [Opioids Fact Sheet](#)
- › [Heroin and Opioid Use in Alaska](#)

- [Division of Behavioral Health page](#)
- <https://dhss.alaska.gov/dbh/Pages/default.aspx>



# OUTPATIENT SERVICES

- Ambulatory Withdrawal Management
  - ASAM 1 and 2 Withdrawal management
  - ASAM 2.1 Intensive Outpatient programs
  - ASAM 2.5 Partial Hospitalization
  - Opioid Treatment Services

# RESIDENTIAL TREATMENT

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- Residential Substance Use Disorder (SUD) Treatment Bed Availability
  - <https://dhss.alaska.gov/dbh/Pages/ResidentialSUD/default.aspx>
  - Listed by Region of the state
  - Currently 24 residential service providers across the state
    - Anchorage Area – 8
    - Northern Region – 8
    - Southeast Region – 4
    - Southcentral Region - 4



# 1115 SUD PROVIDER ENROLLMENT

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## Section 1115 Waiver Update e-Memos

Look for the "Receive Updates" box at the top of any of these links and enter your email address to become a subscriber to these e-memos.

- › [State of Alaska - CMS letter to providers](#) - November 17, 2020
- › [Permanent Medicaid 1115 Behavioral Health Waiver Services Regulations Filed](#) - September 9, 2020
- › [1115 SUD and BH Combined Provider Enrollment](#) - May 29, 2020
- › [1115 SUD Provider Enrollment](#) - May 29, 2020
- › [1115 BH Provider Enrollment](#) - May 29, 2020
- › [AKAIMS and the 1115 Billing Process](#) - March 12, 2020
- › [Provider Enrollment Helpful Hints](#) - March 3, 2020
- › [Provider Enrollment - SUD Provider Type and Taxonomy](#) - Feb. 28, 2020
- › [Service Authorization Training Update](#) - Feb. 18, 2020
- › [Service Authorization Training Dates](#) - Feb. 10, 2020
- › [Service Authorization Helpful Hints](#) - Feb. 7, 2020
- › [Optum "Go Live" February 1st](#) - Jan. 15, 2020
- › [Change in 72 Hour Rule - Effective 2/6/2020](#) - Jan. 13, 2020
- › [Section 1115 Waiver Update e-Memo Training for 11/19 is POSTPONED](#) - May 18, 2020

THANK YOU!

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