



# STANDARD PRECAUTIONS



*(If you have questions, ask nursing staff)*

## Everyone Must:



**Clean hands when entering and leaving room**

**Cover mouth and nose with arm or tissue when coughing or sneezing**

**Wear gown, glove, and face protection for any risk of body fluid contact**



## Doctors and Staff Must:

**Wear appropriate mask, eye cover, gown and gloves if contact with body fluids likely**



# Standard Precautions

***If the patient has diarrhea and/or C. difficile add Contact Enteric Precautions***

Display sign outside the door. At patient discharge, remove sign after room is terminally cleaned.

**Standard Precautions is routine care that is provided to ALL patients.**

## Hand Hygiene:

- Before and after every patient contact, wash or sanitize hands.
- Remove gloves and clean hands when moving from dirty to clean procedures.

## Gloves, Gowns, Masks, and Eye Protection

Use before coming into contact with non-intact skin, blood, body fluids, or secretions.

## Personal Protective Equipment:

### Standard and Tear-away Gown

### Three-part Gown

Put <b>ON</b> in this order: 1. <u>Wash or gel hands</u> 2. Gown 3. Mask (if needed) 4. Eye cover (if needed) 5. Gloves	Put <b>ON</b> in this order: 1. <u>Wash or gel hands</u> 2. Gown (if needed) 3. Mask 4. Eye cover 5. Gloves (if needed)
Take <b>OFF</b> & dispose in this order: 1. Gloves 2. Eye cover (if used) 3. Gown 4. Mask (if used) 5. <u>Wash or gel hands</u> (even if gloves used)	Take <b>OFF</b> & dispose in this order: 1. Gown and gloves at the same time (grab gown and pull off gloves in one movement) 2. Eye cover 3. Mask 4. <u>Wash or gel hands</u> (even if gloves used)

## Equipment and Supplies:

- Only essential supplies and equipment in room.
- Clean and disinfect reusable equipment including IV pumps, cell phone or pagers (if used in room), and other electronics, supplies, and equipment prior to removing from patient's room.
- Ensure blood pressure cuff and stethoscope are cleaned and disinfected between patients.

## Room Cleaning:

Follow facility policy for Standard Precautions disinfection and curtain change requirements.

**Discontinue precautions as per Facility Policy or Infection Prevention and Control Team**

