ALASKA HEALTHCARE 101

PRESENTED BY

















November 30, 2022 | 12:00-1:15PM Alaska Healthcare Delivery System Part 1





Alaska State Medical Association





3-Part Series

- Alaska Healthcare Delivery System Part 1 **Today:**
- Alaska Healthcare Delivery System Part 2 **Dec 5**:
- How We Pay for Healthcare: Medicaid, Medicare, Private Pay **Dec 12**:

Who You Will Meet

Part 1

Alaska Hospital & Healthcare Association Alaska Native Health Board Alaska Primary Care Association Alaska State Medical Association

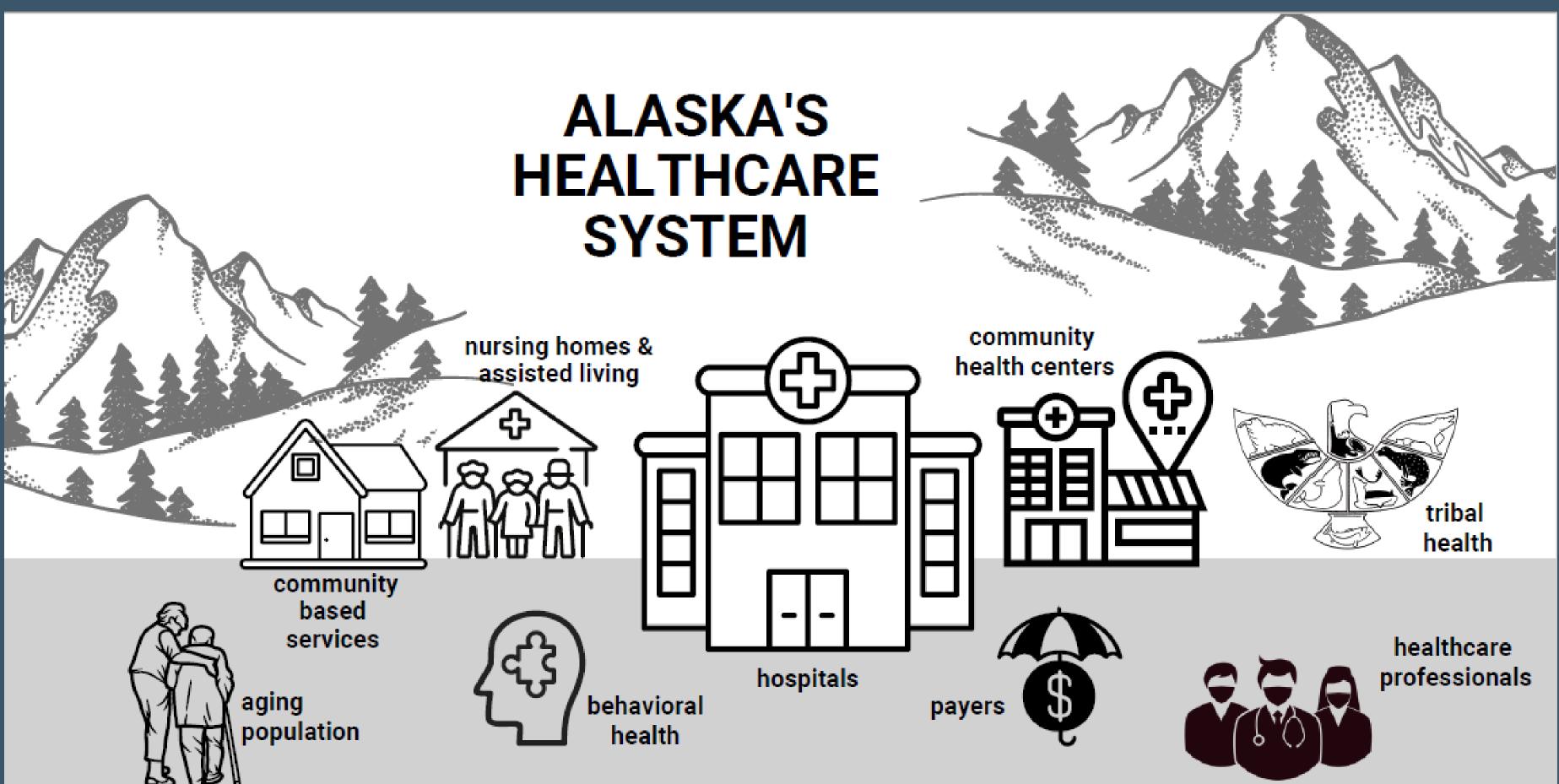
Alaska Mental Health Trust Alaska Assoc on Dev Disabilities AARP

Alaska Behavioral Health Association Statewide Independent Living Council Alaska Healthcare Transformation Project

What You Will Hear

"Who we are . . . What we do . . . What you need to know"

Part 2



ALASKA L HOSPITAL & HEALTHCARE ASSOCIATION

alaskahha.org

Advancing Healthcare for Alaska

For 70 years, the Alaska Hospital & Healthcare Association (AHHA) has served as a non-profit trade association representing Alaska's hospitals, nursing homes, and other healthcare partners across the continuum of care.

AHHA members play an invaluable role, both as community providers and essential employers, in cities, towns, and villages across Alaska.

AHHA provides policy and advocacy expertise, leads and hosts opportunities for education and training, and brings together members and stakeholders for collaborative work to share data, resources, and best practices.

AHHA's mission is to advance the shared interests of Alaska's hospitals, nursing homes, and healthcare partners to build an innovative, sustainable system of care for all Alaskans.

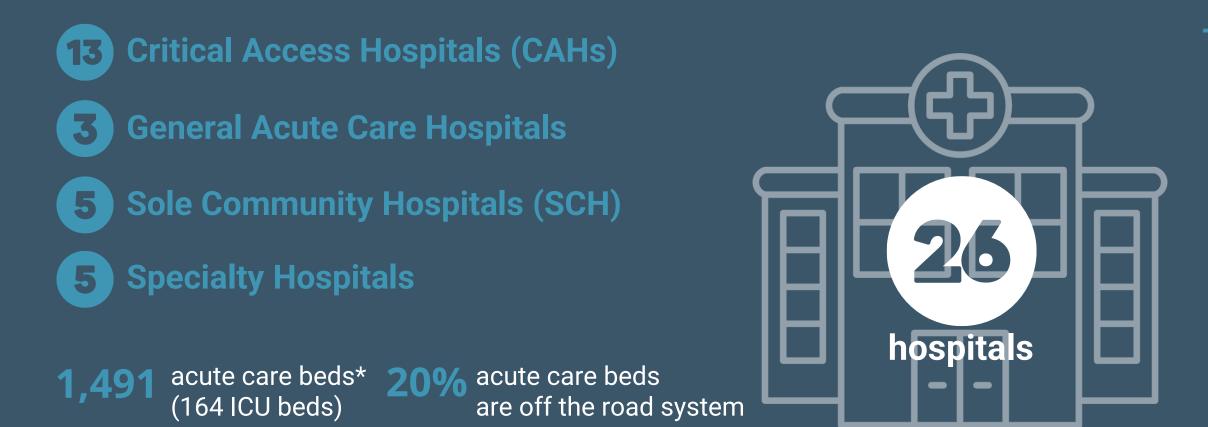


Other/Specialty Hospitals

Standalone Nursing Homes

Advancing Healthcare for Alaska

Mhatwe do







Babies delivered in hospitals

241,700



Emergency Room visits

830



Nursing home beds

42,900



Healthcare workers employed in Alaska

\$51.5M



Uncompensated care for uninsured Alaskans

ល្រហ្វ

Tribal Health System

8 Tribal Hospitals 27 Health Centers 166 Village Clinics

Senior Care

20 Nursing Homes: 7 Standalone facilities 13 Co-located with Hospitals

IN ALASKA

20 acute care beds / 10K people 1.4 psychiatric beds / 10K people 9.5 nursing facility beds / 10K people

IN THE UNITED STATES

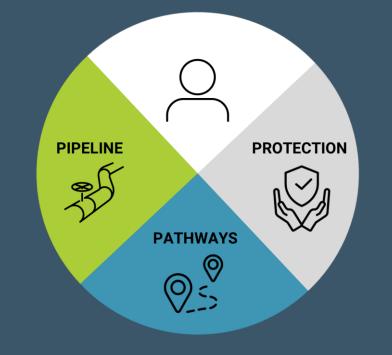
24 acute care beds / 10K people 2.1 psychiatric beds / 10K people 50 nursing facility beds / 10K people

* Bed counts do not include specialty hospitals

What you need to know

Workforce is our biggest challenge . . .

- 6,300 openings each year
- 1,400+ openings for RNs
- Lead U.S. in nurse vacancies by 2030



Support legislation for Alaska Joining the multistate nurse licensure compact!

Used by 39 states / jurisdictions Vastly improves licensing process ✓ Get to work faster Improve recruitment ✓ Support the military

Coalition of 70+ organizations are lining up to support the NLC

What can I do in Juneau?

Alaska Tribal Health System Alaska Healthcare 101



www.anhb.org

Alaska Native Health Board

- The Voice of Tribal Health Since 1968
- Advocacy and Policy Analysis
- Annual legislative priorities
- Mega meeting in Juneau (February 2023)
- Tribal self-governance and selfdetermination
- Celebrating 55 years next year

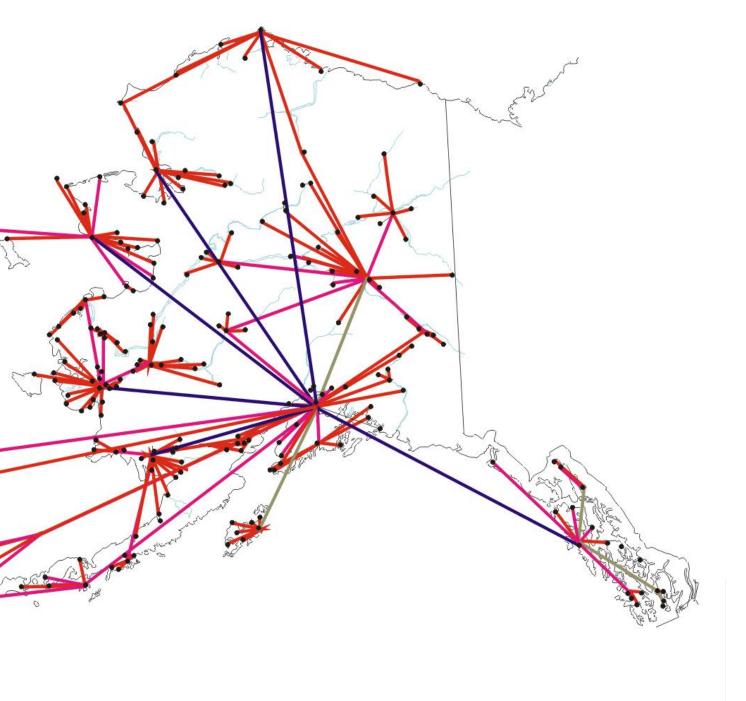


Alaska Tribal Health System

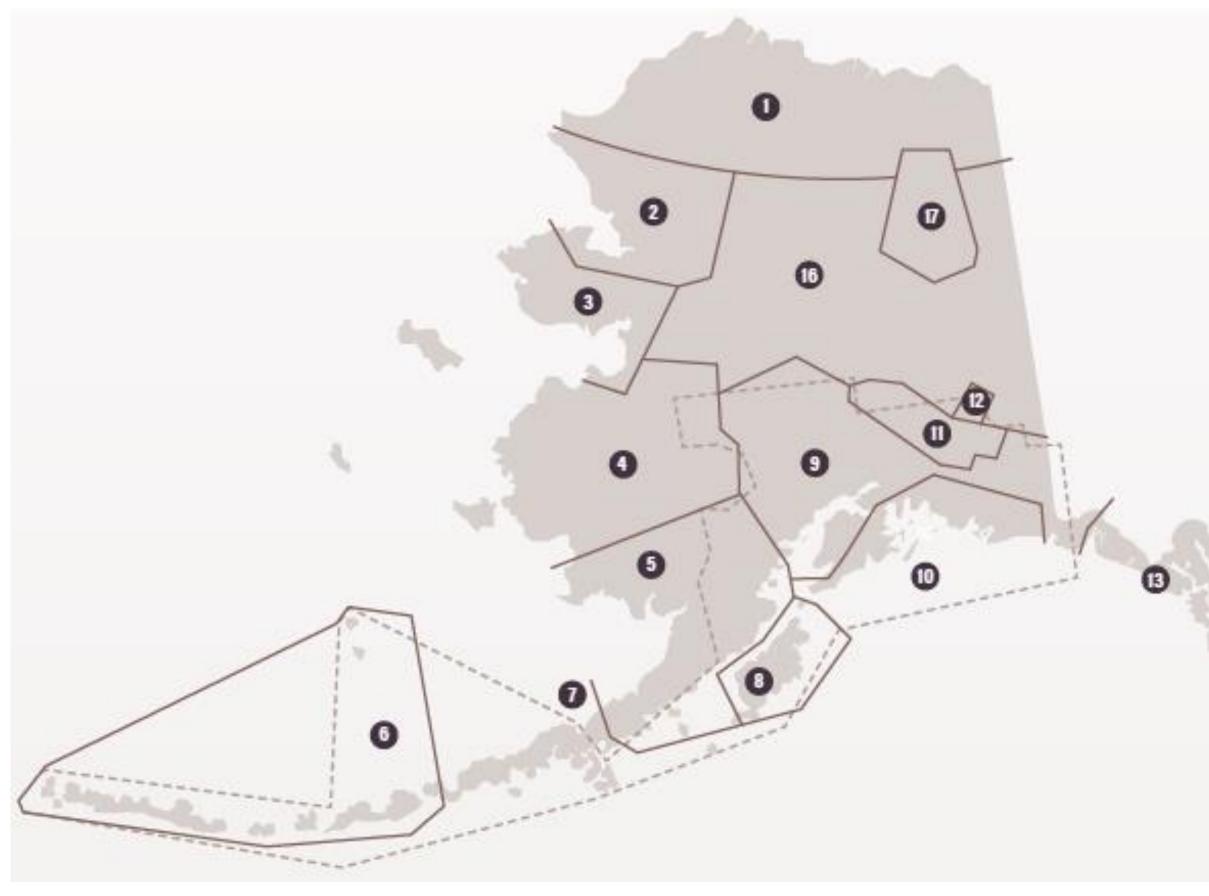
- Statewide coordination of care
- Voluntary affiliation with Alaska Tribes and Tribal Health Organizations
- Emphasis placed on integrated and wholistic healthcare
- 229 Tribes serving over 188,000 Alaska Native and American Indian people throughout Alaska
- Villages range in size from 12 3,000 residents
- Each is autonomous and serves a specific geographical area



Typical Referral Patterns



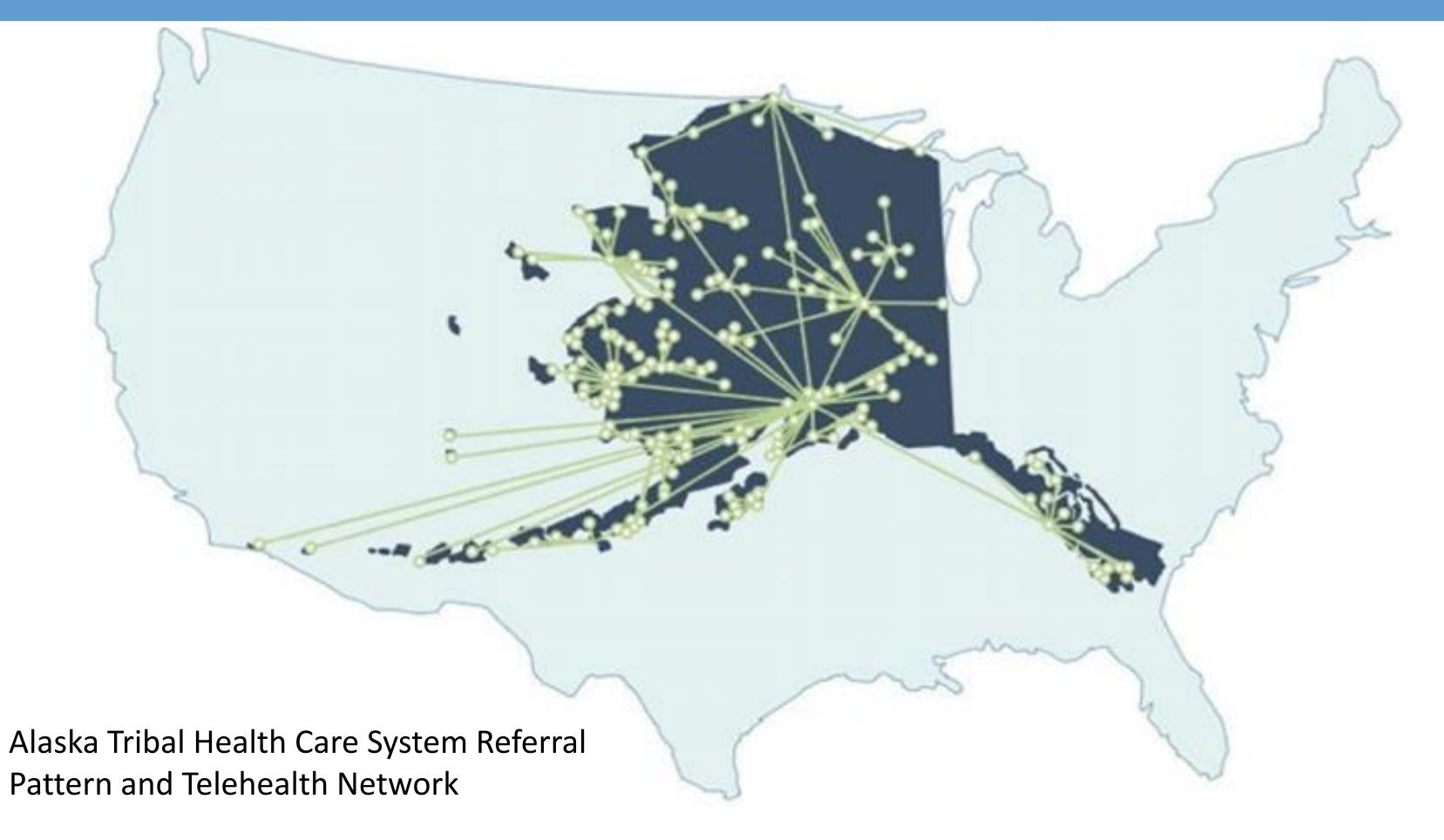
Regional Tribal Health Locations



- 1. Arctic Slope Native Association
- 2. Maniilaq Association
- 3. Norton Sound Health Corporation
- 4. Yukon-Kuskokwim Health Corporation
- 5. Bristol Bay Area Health Corporation
- 6. Aleutian Pribilof Island Association
- 7. Eastern Aleutian Tribes
- 8. Kodiak Area Native Association
- 9. Southcentral Foundation (dotted line)
- 10. Chugachmiut
- 11. Copper River Native Association
- 12. Mt. Sanford Tribal Consortium
- 13. SouthEast Alaska Regional Health Consortium
- 14. Ketchikan Indian Community
- 15. Metlakatla Indian Community
- 16. Tanana Chiefs Conference
- 17. Council of Athabascan Tribal Government

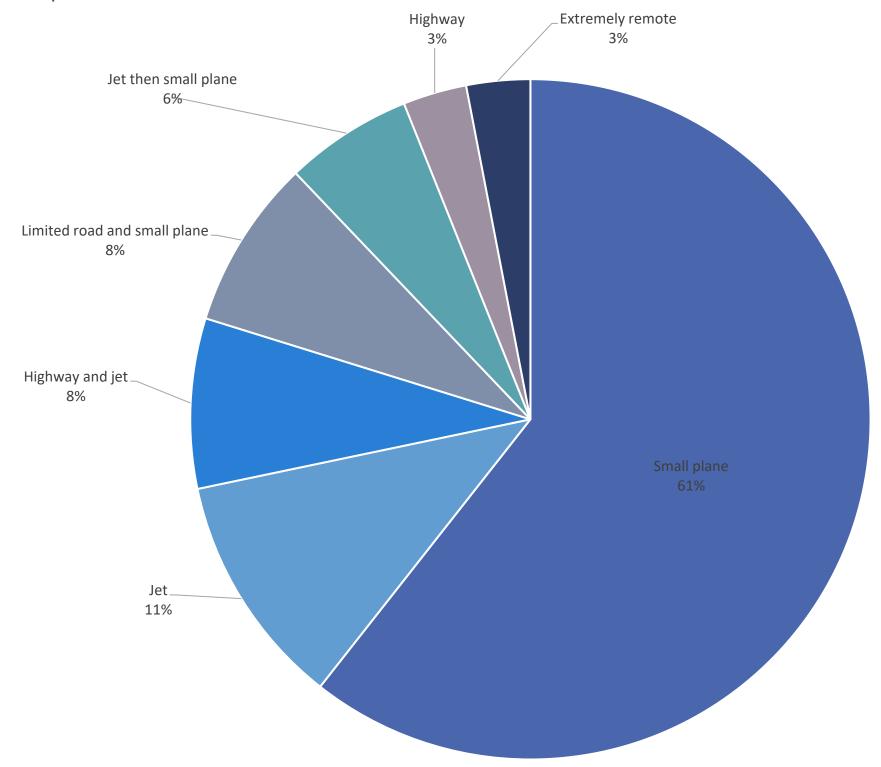


Tribal Health Referral and Telehealth



Alaska in Context: Accessing Healthcare

Modes of Transportation



- 80% of communities are off the road system
- Rural residents travel an average of 147 miles one way for access to next level of care.

Serving More Alaskans

- Partnership with the Alaska Veterans Affairs Health System
- ATHS is a vital part of the Alaska Public Health System and has served as a pillar for the State economy
- Partners with the State of Alaska as it pursues policy and health care coverage
- Represents a large part of Alaska's economy due to its service population and Statewide reach
- Is a larger sector of the State economy than the retail trade, construction industry, professional business and technical services sector, all arts and entertainment, all manufacturing, the information sector, utilities, and agriculture/forestry sector.



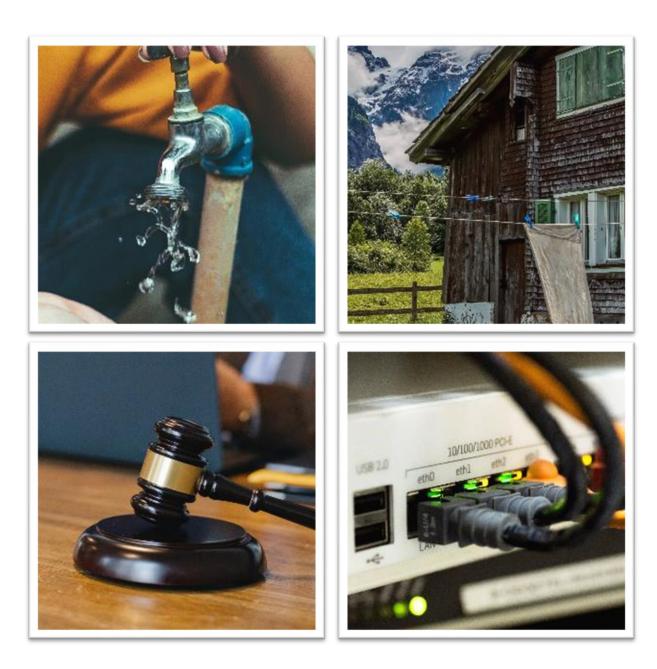
Alaska Community Health Aide Program

- Community Health Aide/Practitioner (CHA/P)
- Behavioral Health Aide/Practitioner (BHA/P)
- Dental Health Aide/Therapist (DHA/T)



Ongoing Challenges

Residents of remote areas experience limited access to:



- communities lack access to water
- enforcement presence
- internet access

Water and sanitation systems - Over 3,000 homes and 32

Housing- Many residents live in crowded, multi-generational homes, and lack of housing for healthcare professionals

Law enforcement - Most villages lack regular access to police, courts, and related services, 75 communities have no law

Internet/Broadband- Many remote communities do not have

Access- transportation and cost of doing business in rural Alaska

Healthcare 101 – Alaska's Health System Community Health Centers

Alaska Primary Care Association – November 30, 2022 Nancy Merriman, Chief Executive Officer



Alaska Community Health Centers Serve 1 in 5 Alaskans

Health Centers Across Alaska

Aleutian Pribilof Islands Association Anchorage Neighborhood Health Center **Bethel Family Clinic** Bristol Bay Area Health Corportation Camai Community Health Center Copper River Native Association Council of Athabascan Tribal Governments Cross Road Health Ministries Dahl Memorial Clinic Eastern Aleutian Tribes Girdwood Health Clinic Ilanka Community Health Center **Iliuliuk Family and Health Services** Interior Community Health Center JAMHI Health and Wellness Kodiak Area Native Association Kodiak Community Health Center Maniilag Association Mat-Su Health Services Norton Sound Health Corporation Peninsula Community Health Services of Alaska SVT Health and Wellness Seward Community Health Center Southcentral Foundation Southeast Alaska Regional Health Consortium Sunshine Community Health Center Yakutat Community Health Center Yukon Kuskowim Health Corporation

Adak ZAika S S S S S S S Nikolski

Saint Georg



2021 Stats:

- 117,000 patients
- 612,000 visits
- 2,645 staff
- \$1.7b total spending
- \$99m in Medicaid savings
- \$194m in Health System savings
- Over 80% of patients at or below 200% of poverty
- 35% of patients covered by Medicaid
- 35% of patients covered by private insurance



Where are we in Health Care delivery system

Community Health Centers are also known as Federally Qualified Health Center and CHCs

CHCs are unique providers in the Healthcare delivery system. They:

- Provide comprehensive primary care services medical, dental, behavioral health, pharmacy, & range of other services focused on prevention and managing chronic conditions
- Are tribal and non-tribal, independent, non-profit organizations that are governed by the patients they serve and
 provide care to anyone regardless of ability to pay
- Are reimbursed and funded through patient billing (Medicaid, commercial insurance, Medicare, and self-pay), grants, local governments and partnerships.
- Focus on whole person care using integrated teams comprised of clinical providers and community-based workers to address barriers to health
- Partner with Public Health, hospitals, private practice specialists, and a range of community-based organizations to support the health of their patients



2023 CHC Opportunities & Challenges

Current Priorities

- Maximizing data-informed care and decision-making
- Realizing opportunities to diversify income and reimbursement
- Utilizing data to support the safety net needs of patients

Challenges

- Workforce shortages
- Inadequate base and reimbursement funding
- Addressing demands to increase access & scope of service
- Seeking closer system integration with behavioral health

2023 Legislative & Regulatory Goals

- Workforce Development
- Adequate Funding To Support Primary Care Services
- Behavioral Health Integration
- Recognition & Funding For Social Drivers Of Health



Thank You!

Learn more about the Community Health Center In Your District

Alaskapca.org

Health Centers look forward to meeting with you in-district or in Juneau at their annual Fly-In on February 21 & 22, 2023





Alaska State Medical Association Pam Ventgen, Executive Director

Who we are:

- The Alaska State Medical Association (ASMA) is the professional association for physicians in the state. We represent all physicians in the state:
- * primary care
- * medical specialists
- * small practices and large group practices.



What we do:

 Work to resolve issues ranging from fair reimbursement for physicians to patient safety and public health.



What you need to know – Our concerns:

We are concerned about the delays in medical licensure WWAMI support and funding Too many physicians are moving out of Alaska or retiring Workforce shortages in healthcare jobs Non-physicians expanding scope of practice Professional liability awards, subrogation clauses





Jared Kosin, J.D., M.B.A. **Alaska Hospital & Healthcare Association** jkosin@alaskahha.org 907-406-0555 www.alaskahha.org

Alberta Unok, M.B.A. **Alaska Native Health Board** aunok@anhb.org 907-729-7501 www.anhb.org

Nancy Merriman **Alaska Primary Care Association** nancy@alaskapca.org 907-331-9008 www.alaskapca.org

Pam Ventgen **Alaska State Medical Association** pventgen@asmadocs.org 907-244-7266 www.asmadocs.org